



SESSION GUIDE

Last Updated July 2022

Having fun on the table tennis court usually requires a partner. Therefore, this **SESSION GUIDE** will navigate you through the various session types offered at the Ottawa Table Tennis Club and suggest ways to help you find a partner!

- **Session Types**
 - Find-a-Partner | Rotation Sessions
 - TEAM Match Sessions
 - Daytime is Playtime
 - Open Practice Sessions
- **TEAM WhatsApp Groups**
- **Summary: Finding a Partner at the OTTC**
- [The Member Portal](#)

Find-A-Partner | Rotation Sessions

During these sessions, a practice partner is guaranteed! On the Sessions Schedule of [The Member Portal](#) these sessions appear green.

Great if you are a player who,

- wants to come on your own
- is open to playing various skill levels
- wants to meet others

During these times, the club attendant will,

- Join in to play!
- Facilitate a simple rotation or even doubles!

TEAM Match Sessions

These sessions offer a friendly competitive format scheduled each weekend. There are four sessions offered, each advancing in skill, like rungs on a ladder.

Possible candidates for these sessions,

- have a competitive streak
- want to add match experience to their regular training
- want to meet others in a structured setting

Players performing well in a session can be invited to play at a higher rung the following weekend.

- Higher rung
 - Advanced A | Sunday at 4PM
 - Advanced B | Saturday at 4PM
 - Intermediate A | Sunday 2PM-4PM
 - Intermediate B | Saturday 2PM-4PM
- Lower rung

All players are welcome to start in the intermediate categories. Advanced categories require special invitation or promotion by performance. The rules are,

- Finish at the TOP one session, you may go one rung up the following weekend.
- Finish in the BOTTOM in a session, you may be playing one rung down the following weekend.

Daytime is Playtime

Daytime is Playtime is for players available during the weekday daytimes. Mostly, these are players who are retired, although anyone available is welcome (for example, if you are a post-secondary student, or have flexible or non-standard work hours, this session may work for you too).

This session type will take one session pass, but a monthly payment option is also available.

Open Practice Sessions

Open Practice Sessions offer 2-hour timeslots where you can enjoy a quality practice with your favourite table tennis partner(s). Players in these sessions plan on coming with a partner. Each player books in early to reserve their spot.

TEAM WhatsApp Groups

These are groups organized by skill level, plus one group that is fully social-oriented. OTTC Members in these groups communicate about TEAM Match Sessions, Find-a-Partner sessions, and availability.

These groups are,

- the first to be informed about happenings at the OTTC
 - connects players to players of similar skill or interest
 - connects players to TEAM Leaders who are knowledgeable about the club activities
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- a privilege of membership and joined by invitation

List of groups,

- TT Addicts Anonymous (social group)
- TEAM Intermediate
- TEAM Advanced B
- TEAM Advanced A

Summary: Finding a Partner at the OTTC

- Request to Join a TEAM WhatsApp Group!
- Join a Team Match Session!
- Join a Find-a-Partner Session!

Many players are also active in our **training programs** which include [Youth Lessons](#) and [Private Lessons](#).

[The Member Portal](#) is OTTC's Online Tool which makes booking and managing your table tennis schedule a piece-of-cake!

All Members are invited to Create an Account when they join. Non-Members can also create an account on their own and purchase non-member passes to book sessions.

- For more information about OTTC Membership benefits, [CLICK HERE](#)
- For Tutorials on using the Member Portal, [CLICK HERE](#)



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